

Fresh Seasons Grain Bowl

Kale & mixed greens, sliced almonds, sunflower seeds, quinoa, toasted wheat berries, feta cheese, and seasonal fresh fruit. Served with our house made balsamic vinaigrette. 7.95

Summer Salad

Mixed greens, dried cranberries, walnuts, and feta cheese. Served with our house made balsamic vinaigrette. 7.95

California Cobb Salad

Fresh greens, all-natural smoked turkey, pecan smoked bacon, avocado spread, tomatoes and onions with your choice of dressing. 8.50



BAKERY CAFE
Bread. The way it ought to be.

CAFE MENU



Chicken or Tuna Salad

Mixed greens, tomato, cucumber, onion, and colored sweet peppers with a scoop of our house made Chicken or Tuna Salad. Served with choice of dressing. 7.95

Garden Salad

Mixed greens, tomato, cucumber, onion, colored sweet peppers, and our home-made croutons.

Half: 4.00 Whole: 6.00

Pick TWO: Half Sandwich, Soup or Garden Salad 8.75

8 oz cup of Soup of the Day

Served with a slice of bread or roll. 4.65

Make it a Combo

Chips & a Drink 2.45

Cookie & a Drink 3.00

Cookie, Chips & Drink 4.15

2,000 calories a day is used for general nutrition advice, but calorie needs vary.



1721 East Ash Street in Goldsboro
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Email: orders.goldsboro@greatharvest.com

Website:

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M - F: 7:00AM - 6:00PM

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Turkey & Swiss

Smoked turkey breast, Swiss cheese, Dijon mustard, mayonnaise, tomato, red onion, lettuce, and salt & pepper mix. 7.75

Ham & Swiss

Smoked ham, Swiss cheese, Dijon mustard, mayonnaise, tomato, red onion, lettuce, and salt & pepper mix. 7.75

Roast Beef & Provolone

Sliced roast beef, provolone cheese, Dijon mustard, mayonnaise, tomato, red onion, lettuce, and salt & pepper mix. 8.00

Peanut Butter & Jelly

All natural peanut butter with all natural grape or Great Harvest jelly 3.50



California Cobb

Smoked turkey breast, avocado spread, garlic herb spread, pecan smoked bacon, lettuce, tomato and onion. 8.25

Baja Chipotle Turkey

Smoked turkey breast, avocado spread, pepper jack cheese, chipotle honey lime sauce, sweet pickled red onions, tomato, and shaved cabbage. 8.25

The Chicken Salad Sandwich

Chunks of white meat chicken, roasted sweet & spicy pecans in a seasoned mayonnaise with lettuce, tomato and onion. 7.75

Harvest Veggie

Fresh colored pepper rings, cucumber, provolone and cheddar cheese, lettuce, tomato, clover sprouts, and sundried tomato spread. 7.50

Extra Meat 1.25/Extra Avocado 0.75
Extra spreads/dressings/cheese 0.50



HOT OFF THE GRILL

Turkey Chile Cheddar Melt

Smoked turkey, roasted green chile peppers, cheddar cheese, green chile mayo and tomatoes. 8.25

Best Ever BLT

Bacon, lettuce, tomato and mayo between two slices of our grilled bread. 7.25

The Dressed-Up Pimento

Our home-made pimento cheese all dressed up and grilled to perfection with pecan smoked bacon, lettuce, and tomato. 8.25

Extreme Grilled Cheese

Cheddar and provolone cheese with our garlic herb spread. 5.25

Add tomato no charge. Add bacon, turkey or ham - 1.25

JUST FOR THE KIDS (12 & Under, please)

Half a turkey, ham, pb&j, or grilled cheese sandwich with chips or oranges, a junior cookie, and a fountain drink or apple juice. 4.95

Chicken Salad and Tuna Salad

Add a scoop to any salad 3.00

Or purchase a container to go.

Half pound-4.95 Pound-9.85

Call Ahead!

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Sandwich Bread Choices

Honey Whole Wheat, Farmhouse White, Dakota, or our special of the day.

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